# HYPNOSIS C O U R S E S



COURSE PROSPECTUS
LIVE-ONLINE HYPNOTHERAPY
CERTIFICATION

BECOME A PROFESSIONAL HYPNOTHERAPIST

# OVERVIEW

- Instant access to 30+ hours of videos and 1,000+ pages of course manuals
- Over 24 hours of live-online training (on Zoom)
- Lifetime access to all course materials and live training recordings
- Internationally recognised certification with the National Guild of Hypnotists (**NGH**)
- Externally accredited by the UK's leading professional associations, the **ACCPH** & the Federation of Holistic Therapists (**FHT**)













#### WHY CHOOSE THIS COURSE?

**/** 

No previous experience required - everyone welcome



Learn all you need to know to start seeing clients immediately



Quickly gain confidence as a professional hypnotherapist



Help yourself and others with cuttingedge hypnotherapy techniques



Learn from the comfort of your own home on any device



Ongoing support from highly experienced hypnotherapy trainers

TRAIN WITH THE BEST

# "10/10 GREAT FOR BEGINNERS AND FOR EXPERIENCED HYPNOTISTS."

PADDY JORDAN - UK





BECOME A PROFESSIONAL HYPNOTHERAPIST



# NO PREVIOUS EXPERIENCE REQUIRED

If you're a complete beginner and have no prior hypnosis knowledge, this course is the ideal place to start. You'll learn the fundamentals of hypnosis and hypnotherapy, covering the essential building blocks needed to become a great hypnotherapist, as well as covering some advanced approaches.

During the course, you'll learn how to hypnotise people, and develop an understanding of how to create positive changes on both conscious and subconscious levels, as well as how to help people with a number of different conditions. You'll also learn how to engage and assess clients, how to create your own hypnotherapy scripts, how to set up your hypnotherapy business, and how to make a living as a confident, professional hypnotherapist.

So, whether you're used to working a minimum wage job, or you're already a successfully self-employed business owner, or even if you're a student fresh out of school, no matter your age, your background or your current career, if you want to help people and make a great living whilst you do so, this is the course for you!

# ALREADY A HYPNOTIST/ HYPNOTHERAPIST?

Maybe you've already taken some hypnotherapy training elsewhere, or you're looking to up-skill and develop more confidence in yourself as a hypnotherapist? With our in-depth course content and the innovative online-practical training that this course offers, we can help take your practical hypnosis skills and knowledge to the next level!

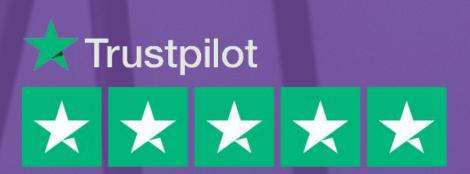
This course will help you develop your confidence where you need it most, whether that's reliably creating a deep state of hypnosis in your clients, being able to tailor your hypnotherapy sessions and scripts to each individual client you work with, developing a solid client-intake process, utilising hypnotic phenomena and hypnotherapy techniques, or even as an all-round refresher course, to help you get back in the saddle, and to start helping people again, even better than before!

Wherever you're at right now, if you're ready to supercharge your hypnotherapy skills and further develop your business, then join us live-online, and let us help you reach your hypnotherapy goals! Give us a call if you'd like to check that this course will give you exactly what you need to move forwards with your hypnotic career!

TRAIN WITH THE BEST

"SUPERB ONLINE COURSE. I STARTED AS A BEGINNER AND I HAVE JUST COMPLETED THE COURSE. I WAS BLOWN AWAY WITH THE TRAINING ON ZOOM. THE SUPPORT I RECIEVED FROM KATE AND RORY WAS AMAZING. THANK YOU."

MARTINE WARD - UK





#### THEORY TOPICS

- What hypnosis is
- Different types of hypnotic phenomena
- How the subconscious mind works
- A history of hypnosis
- Some cautions of hypnosis
- How to hypnotise safely
- How to recognise hypnosis
- Types of hypnotherapy
- Structuring a hypnotherapy session
- Informed consent
- Creating a bullet-proof hypnosis pre-talk

- Developing your hypnotic voice
- How to test hypnotic suggestibility
- How to hypnotise
- Deepening the state of trance
- How to awaken a hypnotised subject
- Developing hypnotic suggestions
- The client consultation process
- How to do online hypnotherapy sessions
- Ethical practice tips
- Setting up your hypnosis business
- Powerful marketing strategies

#### PRACTICAL TECHNIQUES

- Anchoring
- Automatic writing
- Awakening
- Behavioural assessment
- Deepeners (various)
- Direct hypnotic suggestion
- Ego strengthening
- Fast phobia cure

- Future pacing
- Glove analgesia
- Goal setting
- Hypno-desensitisation
- Ideo-motor responses (IMR)
- Indirect hypnotic suggestions
- Inductions (various)
- Metaphors

- Regression (various)
- Scaling
- Self-hypnosis
- Setting client homework
- Suggestibility tests (various)
- Thought stopping
- The Wise Old Person technique

#### CONDITIONS

- Anxiety
- Fears and phobias
- Pain management
- Smoking & vaping

- Stress
- Unhealthy beliefs
- Unwanted habits
- Weight issues

#### YOUR TUTORS



#### DR KATE BEAVEN-MARKS

Dr Kate Beaven-Marks (or 'Dr Kate') is a hypnosis trainer, hypnotherapist and author based in London, UK. She is one of the most extensively qualified and experienced hypnotherapists you could meet.

Dr Kate spends her time working with her UK-based and international hypnotherapy clients in London, teaching hypnotherapy (as co-director of HypnoTC: The Hypnotherapy Training Company) as well as working on the wards using hypnotherapy in London hospitals.

Dr Kate specialises in pain management and equestrian hypnotherapy, and is a highly regarded international hypnotherapy trainer with a huge list of qualifications and professional experience.

#### RORY Z FULCHER

Rory Z Fulcher (sometimes known as 'Rory Z') is an international stage/street hypnotist, author and hypnosis trainer. He is also co-director of HypnoTC: The Hypnotherapy Training Company and is an energetic and knowledgeable hypnotherapy trainer.

Rory Z has been using hypnosis since the age of 18 and is frequently using hypnosis in the media (he has recently been featured by LadBible, Marmite, BBC Radio, Men's Health and the Daily Mail).

He is most well known for his 'rapid induction' courses as well as his various hypnosis books, DVDs and other hypnotic training products.

Rory is highly practical and fun in his teaching style, and great at simplifying complex ideas for easy learning.

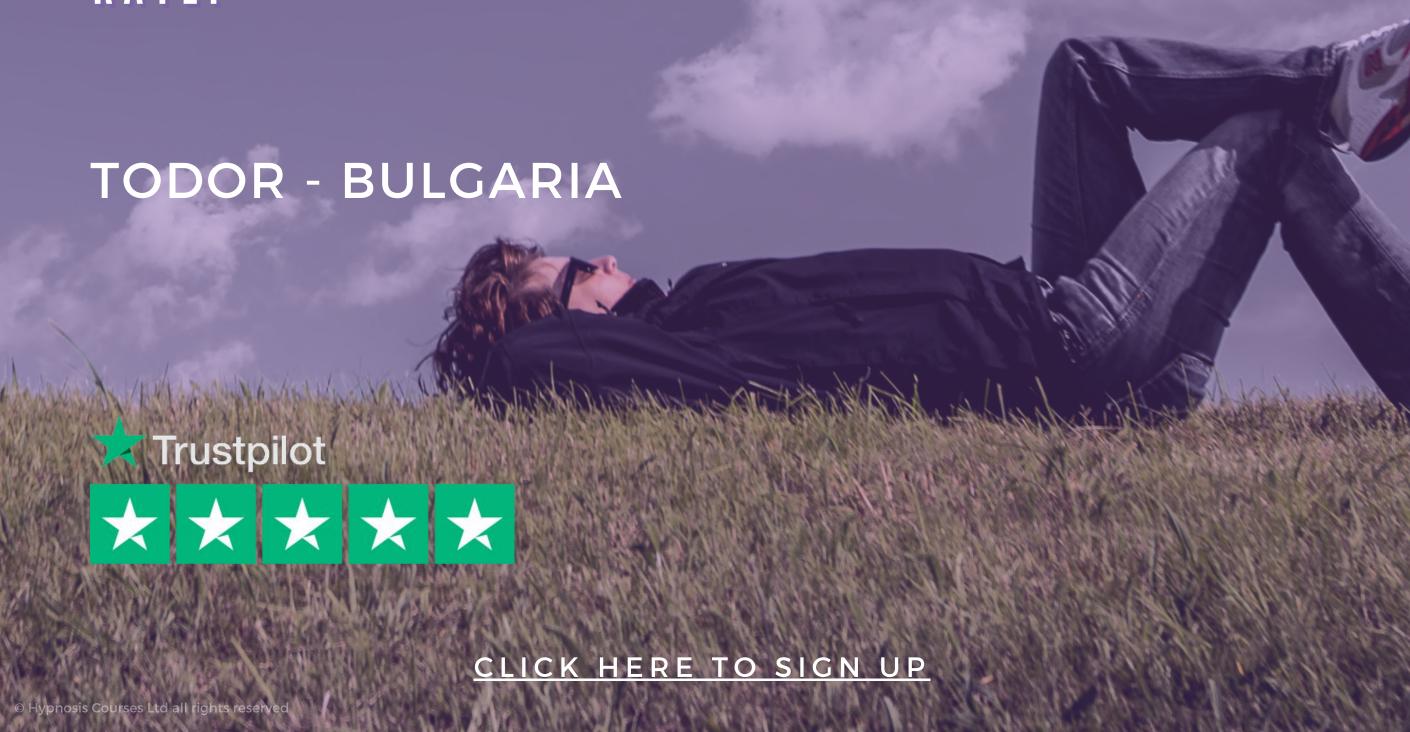


TRAIN WITH THE BEST

# "THE BEST ONLINE HYPNOTHERAPY COURSE!

I REALLY ENJOYED THE LIVE-ONLINE HYPNOTHERAPY CERTIFICATE COURSE BY RORY & KATE. IT GAVE ME ALL THE KNOWLEDGE AND CONFIDENCE TO BECOME A HYPNOTHERAPIST AND THE ABILITY TO HELP PEOPLE OVERCOME PROBLEMS.

THE MODULES OF THE COURSE WERE REALLY WELL STRUCTURED AND EASY TO UNDERSTAND. THE COURSE HAS A PERFECT COMBINATION OF THEORY AND PRACTICAL EXERCISES. THANK YOU RORY AND KATE!"



BECOME A PROFESSIONAL HYPNOTHERAPIST

# LEARN MORE THAN JUST THE BASICS!

When you learn anything, you need to start off with the basics, and that's fine, because the basics are important. They are the foundation of everything that you will move on to do later. However, just because you're starting with the basics, that doesn't mean you're limited to only knowing the basics!

On this course, as well as learning the basics of hypnosis and hypnotherapy, you'll also learn some more advanced approaches:

#### Master the art of hypnosis:

**Advanced hypnotic inductions** 

There are many different ways to hypnotise your clients. As a professional hypnotherapist, it's advisable to have a number of approaches at your disposal, so you can hypnotise any client (even the tricky ones)! During our course, you'll learn various different types of hypnotic inductions, from the standard 'progressive' induction, through to rapid inductions, confusion inductions, pattern interrupt inductions, and many more!

#### **Becoming a hypnotic Jedi:**

**Working without scripts** 

Anyone can read a hypnosis script, you don't need a qualification to do that. However, we know you've got to start somewhere, so when you join the course, you'll get a whole bunch of tried-and-tested hypnosis scripts to draw from. However, you'll also learn how to work 'script-free', which gives you the flexibility to work anywhere, at any time (no scripts required), creating a bespoke solution for every client!

#### **Empowering your therapy client:**

Harness the power of self-hypnosis

As well as being a fantastic tool for your own personal use, self-hypnosis is an integral tool of the expert hypnotherapist. It's important to learn how to teach self-hypnosis to your clients, in order to help them maintain their therapeutic gains, and as a powerful self-help tool that they can use moving forwards beyond the therapy session.

#### **Creating bespoke hypnotherapy sessions:**

**Advanced therapy session structuring** 

Not all problems can be solved in one session, but some definitely can. By understanding when to choose a single session or multiple session approach, your clients will get exactly what they need with you as their hypnotherapist.

BECOME A PROFESSIONAL HYPNOTHERAPIST

#### Become a detective:

The client consultation

A hypnotherapy session isn't always as simple as just sitting the client down and doing some hypnosis. Pro hypnotherapists know how to get the right information from a client before the session begins, in order to choose the right therapy approaches to use. This is a skill you'll learn when training with Rory & Kate.

#### **Create comfort with suggestions:**

**Effective pain management approaches** 

As a hypnotherapist, pain management can make up a substantial portion of your client base, and pain management approaches can be applied to many other conditions too, so it's worth learning to do it right. That's why pain management has a special place on our live-online training course!

#### Take them deep into hypnosis:

**Powerful deepening procedures** 

Creating a deep state of hypnosis reduces conscious resistance, and allows change to happen on a deeper level, thereby increasing its effectiveness. As well as that, a deep state of hypnosis is a fantastic 'convincer', proving that a client is in hypnosis, rather than leaving them wondering 'was I hypnotised?'

#### **Back to the past:**

The age regression process

Many hypnotherapy schools and trainers do not teach age regression, as it is an advanced technique. However, regression, when performed properly, is a safe and effective way of helping clients gain insight, work through issues, and even harness powerful positive resources from their past. You'll learn how to use age regression safely, and appropriately!

#### Make a living as a hypnotherapist:

The business of hypnotherapy

To be a hypnotherapist, you need clients, and to get clients, you need to learn how to run your hypnotherapy practice as a business. So, as well as learning all about how to do therapy, you're also going to learn how to set up your own business, attract customers, establish a business brand, and how to market yourself and your services.

BECOME A PROFESSIONAL HYPNOTHERAPIST

# YOU GET THESE TRAINING RESOURCES



#### Lifetime access to all course materials

When you sign up to this course, you'll get instant access to over 30+ hours of prerecorded training videos as well as our comprehensive course manuals, containing over 750+ pages! From therapy techniques to rapid inductions, and self-hypnosis to suggestibility tests. It's all yours, for life!



#### Lifetime access to class recordings

You'll be joining us in real-time for over 24-hours of live training on Zoom. Every one of our live-online training sessions will be recorded, and you'll get lifetime access to all the videos, meaning you can re-watch them for a quick 'refresher' at any time in the future!



#### **Additional training manuals**

As well as the manuals for each course module, you also get access to the official NGH certification training pack which supports the pre-recorded videos and module manuals. That's **over 300+ pages** of extra hypnosis scripts, strategies, theory and techniques!



#### **Private student Facebook forum**

**Free support** is available during and after the course. Join your classmates & tutors, as well as past students and graduates of the course, on our private student forum, a great place to ask questions, share knowledge and develop your therapy skills!

#### GET CERTIFIED WITH THE NGH

The National Guild of Hypnotists (NGH) is an international educational organisation based in the USA, founded in the 1950s. The NGH are one of the oldest hypnotherapy bodies in the world, with over 18,000+ members across the UK, USA, and in more than 85+ countries.

Upon successful completion of this course, you will receive internationally recognised certification, qualifying you as a 'Certified Hypnotherapist' (or 'Certified Hypnotist') with the NGH. You will receive an 11" x 14" NGH certificate (as pictured here), and you will also be able to use the post-nominals 'CH' after your name. For example, John Smith CH.

As well as receiving your certification, you will also receive a year's free NGH membership (valued at \$125),



CLICK HERE TO SIGN UP

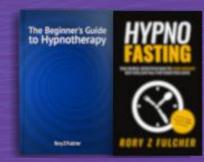
# AND CHECK OUT THESE EXTRA BONUSES

#### 8 additional courses



As well as the training videos for this course, we're also giving you instant (lifetime) access to 8 more of our world-famous online courses (valued at over £350+), including: Goal setting for hypnotherapists, Become a confident hypnotist, Hypnotherapy metaphors 101, Hypnotic suggestibility testing 101, Learn self-hypnosis, Pain management for hypnotherapists, Rapid hypnosis 101 - Learn to hypnotise FAST, Working with beliefs.

#### Free books



When you complete the course, we're going to give you a copy of Rory's widely acclaimed 'Beginner's Guide to Hypnotherapy', to further build upon your knowledge and practial hypnosis skills! We're also throwing in a copy of Rory's best-selling weight-loss book, 'Hypno-Fasting', giving you another fantastic way to work with your weight-management clients!

#### 1 year's NGH membership



When you complete the course, you'll get your first year's NGH membership on us! **That's a saving of \$125 (USD)**, and gives you access to all the NGH member benefits and perks!

#### 4 hours of live-online mentoring... for free!



Finally, after the course, you'll get 4 hours of FREE mentoring with Rory and Kate **(valued at £800)**! This consists of 3 x 1-hour group mentoring sessions AND a 1-hour bespoke 1-to-1 mentoring session!

# SOME OF OUR AWESOME NGH GRADUATES









HYPNOSIS-COURSES.COM

OURNEXT COURSE STARTS NOW...

SIGN UP
AND START
LEARNING
TODAY!

CLICK HERE TO GET STARTED:

SIGN UP